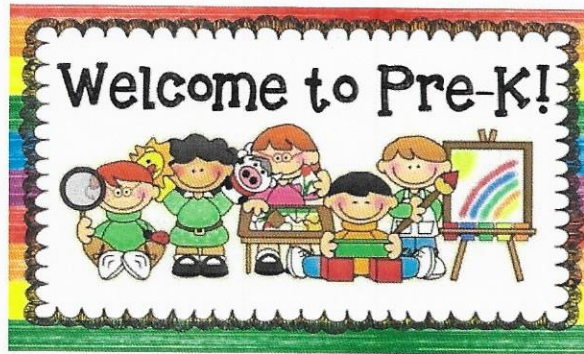




Welcome to Sacred Heart Pre-K program! It is with joy and excitement that I will be your child's teacher this year. We will have many adventures together as they grow and learn in so many ways this year.

As wonderful as this new experience may be, it can also be quite stressful for young children. For many children this may be their first experience of separation from parents or caregivers at home. It is common for even the most outgoing child to be anxious on the first day of school.

In order to ease the transition from home to school, we have planned a "Phase In Schedule." This allows the children to easily transition into the classroom setting without feeling overwhelmed. You will be notified at a later time with the schedule to see what day and time to send your child in. I will also be holding a "Back to School Night" in September. The date is to be determined at this time.

When bringing your child to school you should use the Central Avenue entrance. Please bring your child to school on time so that classes may begin punctually. Door opens at 8:05AM and closes at 8:15AM. After 8:15AM, students must enter through the main door on Wilson Street.

In order to best serve your child, any information to help guide me would be great! Please return the following forms and supplies on the first day of school:

- Getting to Know Your Child
- Email Address Release Form
- Parent Teacher Contact Form
- School Supplies

If you have any questions or concerns, please feel free to email me at Jremo@shshartsdale.org. Please allow sometime for a response as we are on Summer Vacation.

Have a wonderful summer and I'll see you in September!

Sincerely,

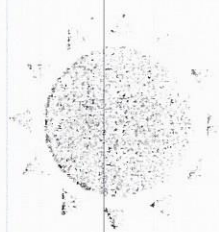
Mrs. Joanne Remo

Separation Anxiety - Some Ideas to Help From Mrs. Remo

Sometimes it is hard for young children to say goodbye when a parent is leaving. Starting school can be very challenging, especially after a long summer of fun and togetherness. If your child is having difficulties separating, here are some tips to help with the transition:

- ❖ The night before school, prepare your child. Layout clothes, put a backpack by the door, read a favorite story, pray together, etc. (You can get great stories about starting school from the library)
- ❖ In the morning, establish a routine before school. One that is consistent each day. Provide a good breakfast & give plenty of time, so no one is rushed.
- ❖ Be aware of your own mood. Children pick up on parent worry or concern. Be positive before and during drop off. Greet the teacher receiving your child. Children feel better knowing you like and trust the person you are leaving them with.
- ❖ Let your child know when you need to go. Never sneak away without saying goodbye. Assure your child that you will pick up or see him or her after school. Give a nice hug and go quickly after that. Long goodbyes can make it tougher for your child.
- ❖ Be comforted that your teachers are skilled and trained in child development and are mothers themselves. They will provide the best care for your child and every child that comes to them.
- ❖ Know that with consistency, this too shall pass. Talk about the exciting things that happen in your child's day at school. Read Class newsletters that come home or are posted on the school website. Hang up your child's artwork from school. Be involved.

If you have serious concerns, be sure to connect with the teacher. We are here to help and want to be a strong support for you and your child. Let's work together for a smooth transition and a successful year in PreK4 for all. God bless you.



SUMMER *Fun*

- | | |
|---------------------------|-----------------------|
| GO SWIMMING | HAVE A PICNIC |
| BLOW BUBBLES | READ STORIES OUTSIDE |
| PLAY AT THE PARK | PICK DANDELIONS |
| FLY A KITE | DO A CRAFT |
| DRAW WITH CHALK | BUILD A FORT |
| MAKE MUD PIES | HAVE A DANCE PARTY |
| PLAY WITH WATER | GO TO STORYTIME |
| GO FOR A WALK | PLAN A PLAYDATE |
| BAKE SOMETHING | RIDE A TRAIN |
| GO ON A HIKE | VISIT GRANDPARENTS |
| MAKE ICE CREAM IN A BAG | VISIT THE BEACH |
| PLAY WITH WATER BALLOONS | MAKE GIANT BUBBLES |
| EXPLORE A STATE PARK | GO STAR GAZING |
| GO TO THE ZOO | VISIT A MUSEUM |
| WATCH A PARADE | FIND A WATERFALL |
| CATCH FIREFLIES | VISIT A NATIONAL PARK |
| MAKE ICE CREAM SANDWICHES | MAKE POPSICLES |
| WATCH FIREWORKS | TRY SOMETHING NEW |

Getting to Know Your Child

Name of the student: _____

Birthday: _____ Nickname: _____

Allergies or medical concerns:

Name of parent/guardian:

What is the best way to contact you? (cellphone number or email)

Does your child have siblings in the school?

Name: _____ Grade: _____ Teacher: _____

Name: _____ Grade: _____ Teacher: _____

Name: _____ Grade: _____ Teacher: _____

Are there any holidays your family does not celebrate?

What does your child like to do during his or her free time?

Is your child part of any extracurricular activities? (Explain: activity, schedule, team names, etc.)

Some of my child's favorites: (food, school subject, sport, color, drink, book, cartoon...) _____

If there is anything else you would like for me to know, please write it on the back of this page.

EMAIL ADDRESS RELEASE

I _____ give Mrs. Remo permission to use my email address, listed below, to email me in a Pre-K Group email about Pre-K and school events, monthly calendars, etc.

Please use this email address: _____

(Fill in the best email address to contact you)

CLASS LIST RELEASE

I _____ give/ do not give Mrs. Remo permission to use my name, address and telephone for the Pre-K class list.

Please let me know the telephone number you want me to use on the class list. _____ (Specify if it's a cell phone or house number). If there is any information you do not want me to add to the class list, write it on this form.

Parent/Teacher Contact Form

This form will help us communicate about your student's progress throughout the year. A student's success depends on three things, the student, the teacher, and the family. By communicating together, we will make it easier for the student to succeed! Please keep the top portion for your records and detach and return the bottom portion to school.

For You to Keep

Teacher's Name Mrs. Joanne Remo

Phone (914-946-7242) E-mail jremo@shshartsdale.org

Best way to be reached by email

For Me to Keep

Please print clearly in dark pen.

Student's Name _____

Name/Relationship of Guardian 1 _____

Address _____

E-mail _____ Phone _____

Best way/time to be reached _____

Primary language spoken at home _____

Name/Relationship of Guardian 1 _____

Address _____

E-mail _____ Phone _____

Best way/time to be reached _____

Primary language spoken at home _____

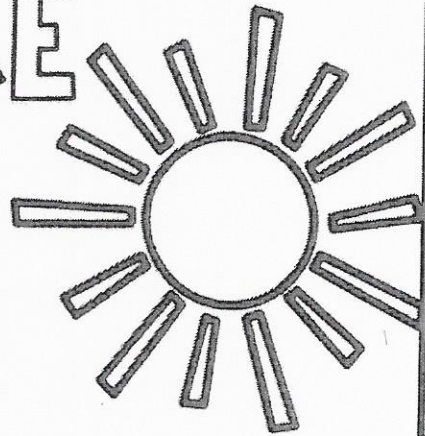
Sacred Heart School-Pre-K 3 & 4



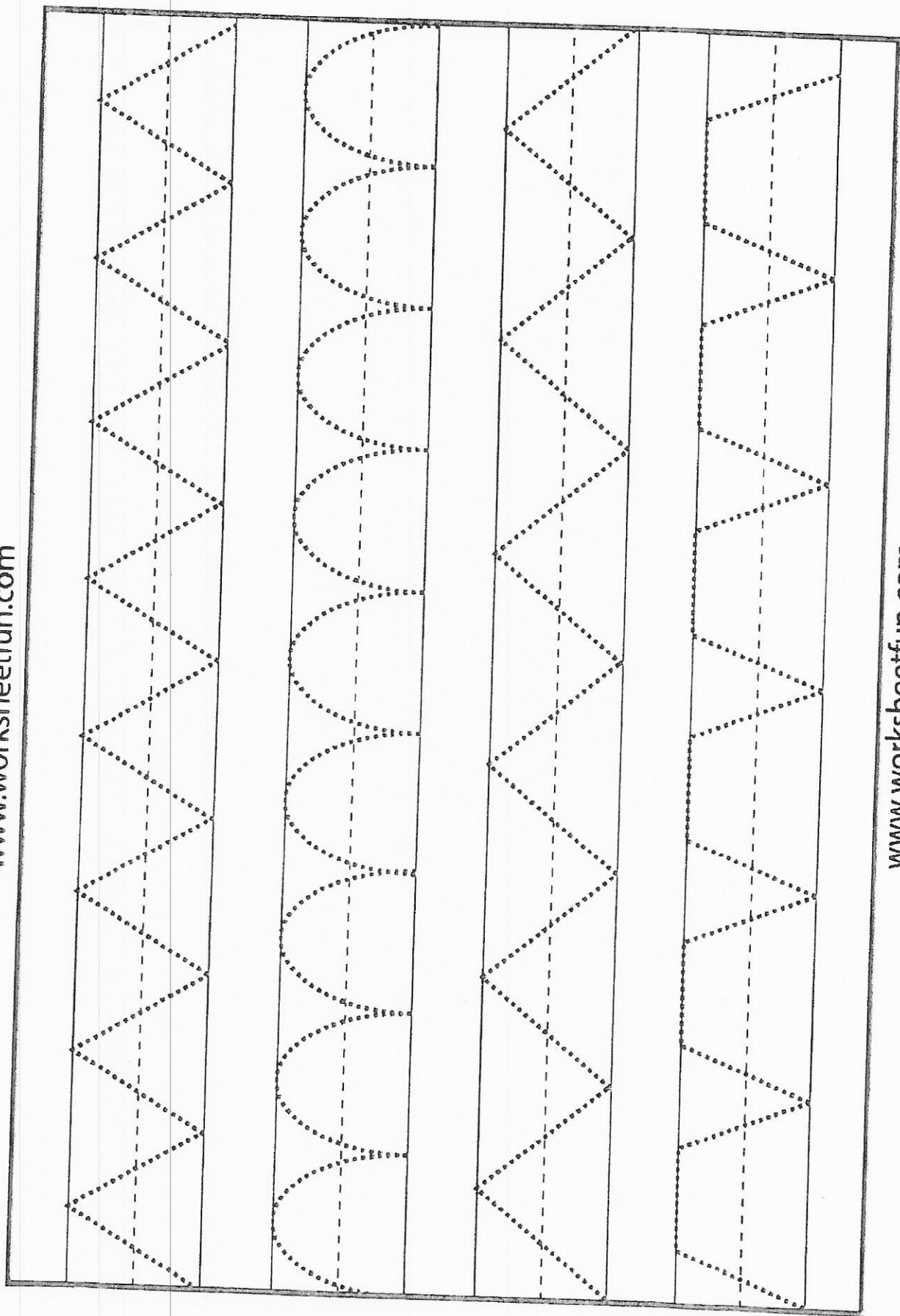
PLEASE LABEL BAG WITH STUDENT'S NAME!!

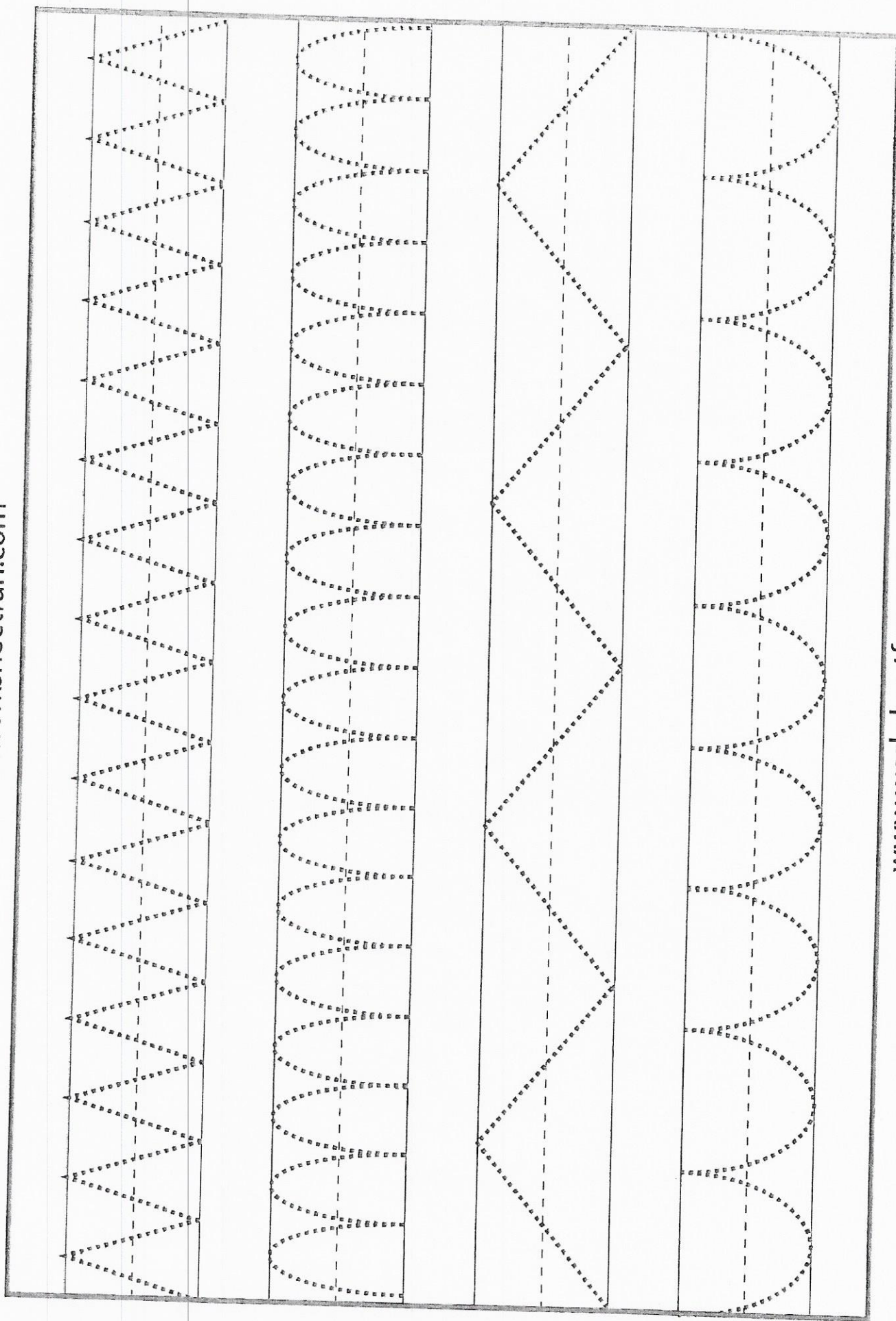
- One regular size backpack with your child's name written on the outside (no backpacks with wheels please)
- Lunch box with child's name written on front (make sure it has a handle for them to carry)
- Refillable water bottle with their name on it.
- 2-2 pocket plastic folder with your child's name on front cover (1 red & 1 Blue)
- 6 Glue sticks
- 2 boxes of Thick Crayola Washable Markers
- 1 box of Crayola Jumbo Crayons 16 pack (Pre-K3 only)
- 2 boxes of Crayola Crayons 24 pack (Pre-K-3 only 1 box)
- 4 pack of My First Ticonderoga #2 Pencils
- Blunt Scissors
- Pencil Box
- 2 boxes of Tissues
- 1 boxes of Baby Wipes
- 1 Clorox/Lysol Wipes
- 1 package of Gallon Size Ziploc Bags (Girls only)
- 1 package of Quart Size Ziploc Bags (Boys only)
- 1 complete set of extra clothing *including shoes (must be in a sealed gallon size Ziploc bag and labeled with student's name)*
- 1 Toddler Size Sleeping bag
- 2 wallet size pictures of your child and 1 small family photo
- We will have snacks in the morning and in the afternoon. Please provide two healthy snacks each day.

MY SUMMER PRACTICE PACKET



© 2019 My Junior Burgers





Name: _____

Date: _____

Letter Tracing

A	B	C	D	E	F
G	H	I	J	K	L
M	N	O	P	Q	R
S	T	U	V	W	X
Y	Z				

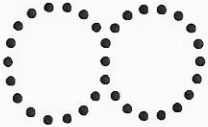
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Date: _____

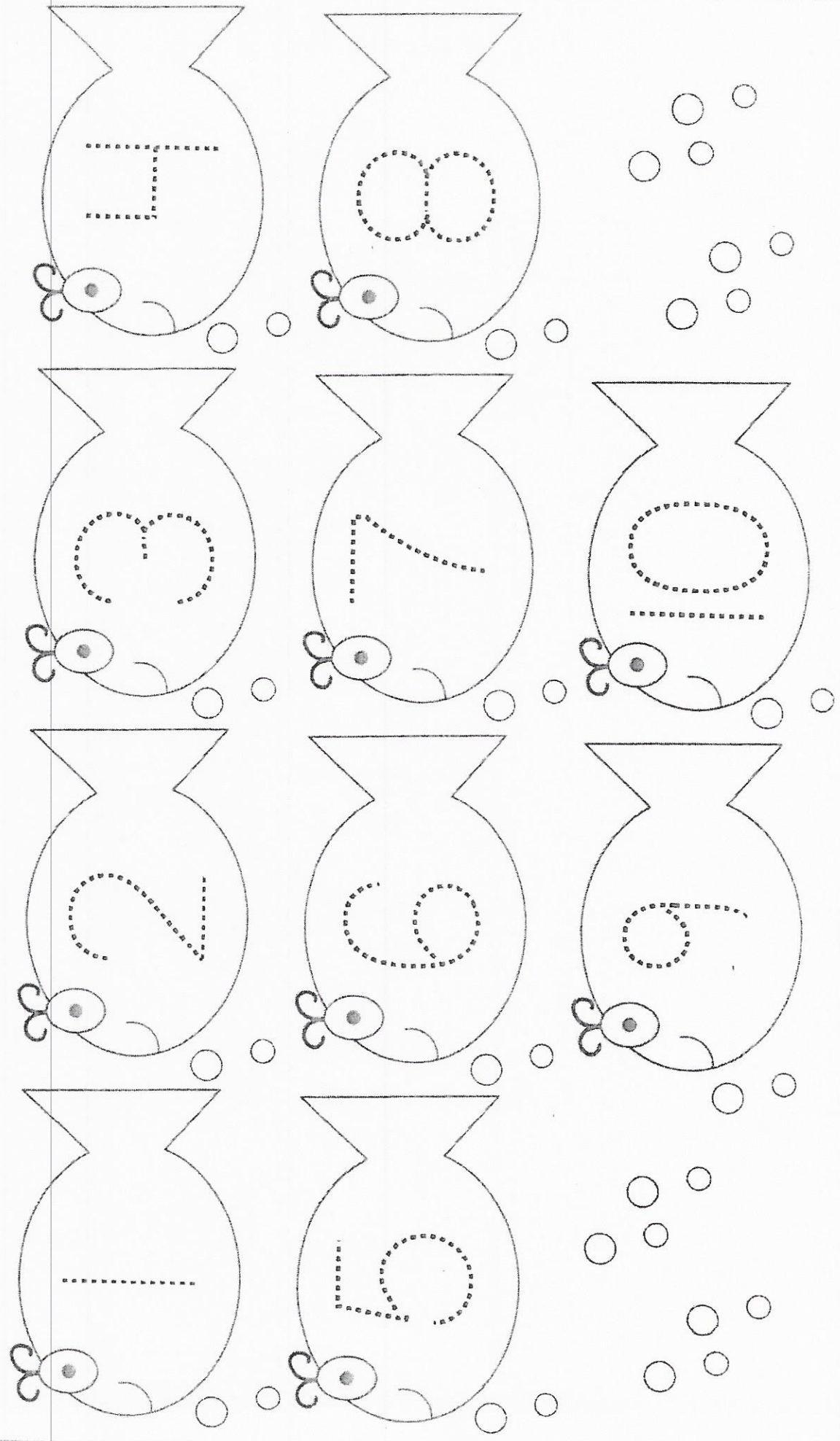
Letter Tracing

a	b	c	d	e	f
g	h	i	j	k	l
m	n	o	p	q	r
s	t	u	v	w	x
y	z				

Trace the Numbers 1-10

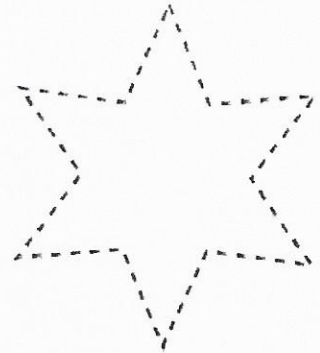
Numbers 1-10



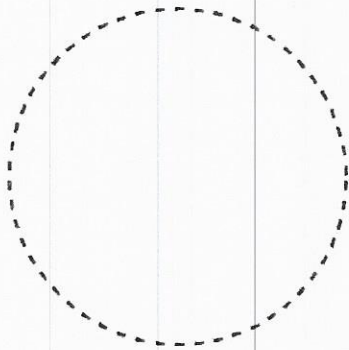
Shapes



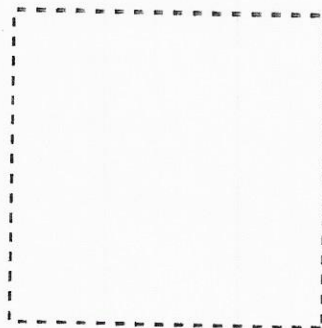
Heart



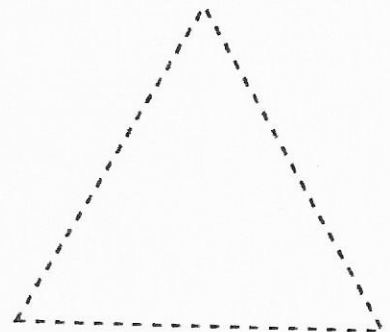
Star



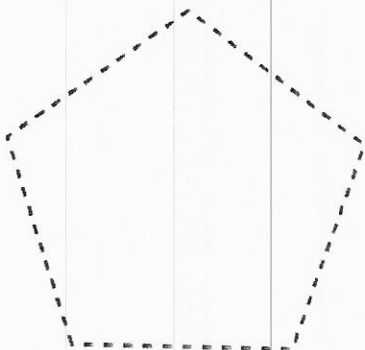
Circle



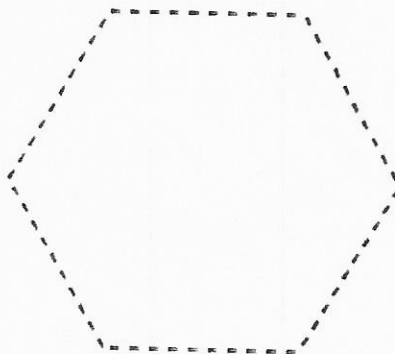
Square



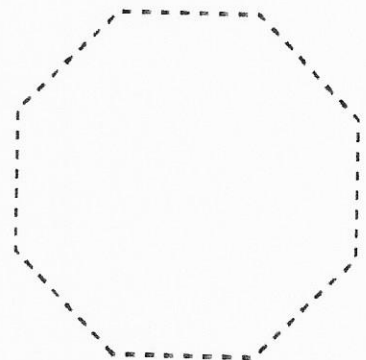
Triangle



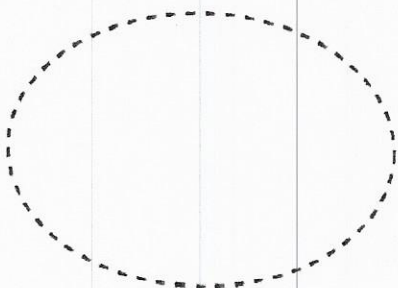
Pentagon



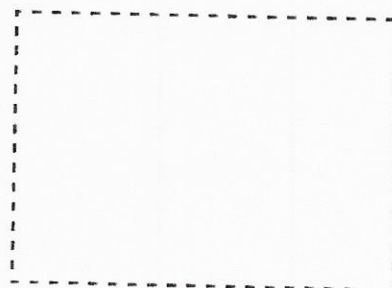
Hexagon



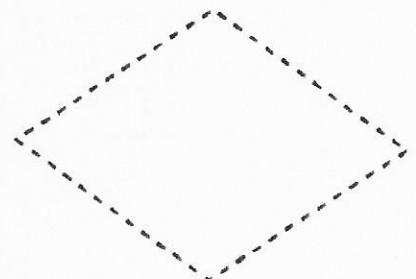
Octagon



Oval

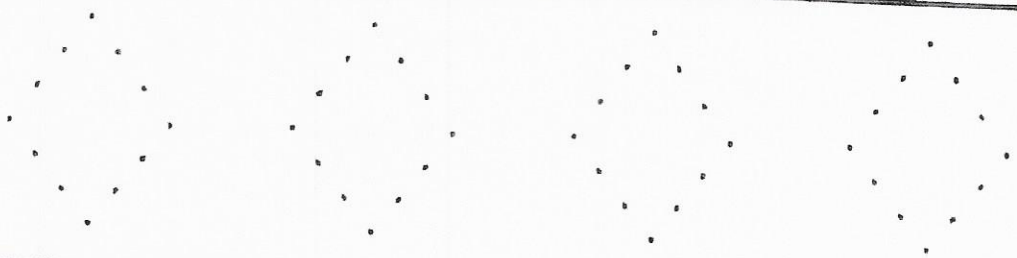
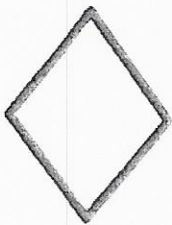
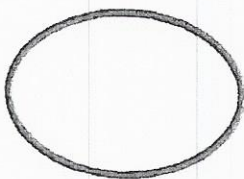
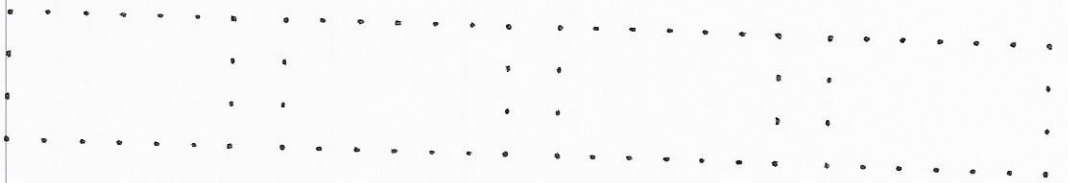
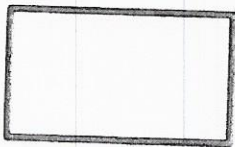
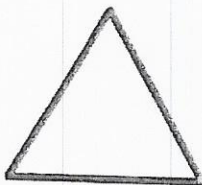
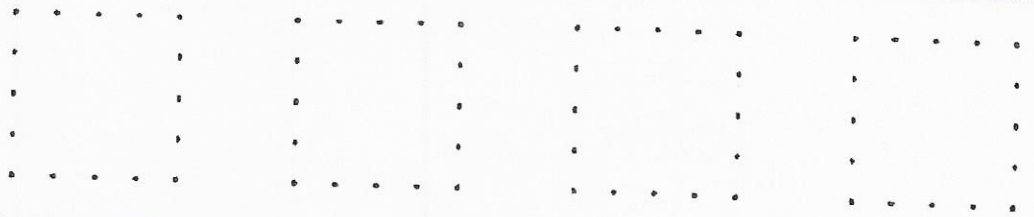
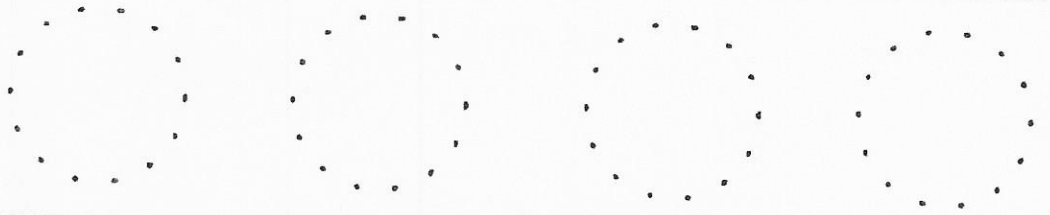


Rectangle



Diamond

TRACE THE SHAPES



Name: _____

Match the Shapes

Draw a line to connect the shapes that match.

